

October Rockdale Lunch Menu



<p>1</p> <p>HOT DOG OR CEREAL FUN LUNCH (Lucky Charms, Yogurt, Grahams & Cheese Stick) Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>2</p> <p>CHICKEN AND WAFFLES OR ALL AMERICAN SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p> <p>McDONALDS FUNDRAISING NIGHT 5:00 TO 7:00 PM</p>	<p>3</p> <p>MAC AND CHEESE W/BEEF SLIDER OR BBQ CHICKEN SALAD W/CHEETOS Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>4</p> <p>BAKED CHEESE SANDWICH & TOMATO SOUP OR TURKEY AND CHEESE SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>5</p> <p>PERSONAL CHEESE PIZZA OR SUNBUTTER & GRAPE JELLY SANDWICH Farmers Market Fruit and Veggie Bar Choice of Milk</p>
<p>8</p> <p>COLUMBUS DAY No School</p> 	<p>9</p> <p>PANCAKES W/ SYRUP & CHEESY EGGS OR ALL AMERICAN SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>10</p> <p>CHICKEN & CHEESE QUESADILLA OR CHEF SALAD W/SUNCHIPS Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>11</p> <p>BBQ RIB SANDWICH OR TURKEY AND CHEESE SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p> <p>PICTURE DAY</p>	<p>12</p> <p>BOSCO STICKS W/ MARINARA OR SUNBUTTER & GRAPE JELLY SANDWICH Farmers Market Fruit and Veggie Bar Choice of Milk</p>
<p>15</p> <p>CHEESEBURGER OR CEREAL FUN LUNCH (Cocoa Puffs, Yogurt, Grahams & Cheese Stick) Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>16</p> <p>MINI GLAZED DONUTS W/YOGURT OR ALL AMERICAN SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>17</p> <p>TURKEY NACHOS W/CHEESE SAUCE OR ASIAN CHICKEN SALAD W/CHEETOS Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>18</p> <p>MEATBALL SUB OR TURKEY AND CHEESE SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>19</p> <p>PERSONAL CHEESE PIZZA OR SUNBUTTER & GRAPE JELLY SANDWICH Farmers Market Fruit and Veggie Bar Choice of Milk</p> <p>END OF 1ST QUARTER</p>
<p>22</p> <p>CHICKEN PATTY SANDWICH OR YOGURT BERRY PACK (Yogurt, Berries, Grahams, Granola & Cheese Stick) Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>23</p> <p>HOT CINNAMON ROLL W/TURKEY SAUSAGE OR ALL AMERICAN SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>24</p> <p>WALKING BEEF TACO OR HAWAIIAN CHICKEN SALAD W/COOL RANCH DORITOS Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>25</p> <p>CHICKEN NUGGETS W/CHEETOS OR TURKEY & CHEESE SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>26</p> <p>BOSCO STICKS W/ MARINARA OR SUNBUTTER & GRAPE JELLY SANDWICH Farmers Market Fruit and Veggie Bar Choice of Milk</p>
<p>29</p> <p>ALL BEEF HOT DOG OR CEREAL FUN LUNCH (Fruit Loops, Yogurt, Grahams, Cheese Stick) Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>30</p> <p>FRENCH TOAST STICKS W/YOGURT & SYRUP OR ALL AMERICAN SUB Farmers Market Fruit and Veggie Bar Choice of Milk</p>	<p>31</p> <p>CHICKEN NUGGET BOWL OR HAM AND CHEESE ON POTATO ROLL Farmers Market Fruit and Veggie Bar Choice of Milk</p> <p>HALLOWEEN EVENTS TEACHER INSERVICE 12:30 EARLY DISMISSAL</p>		

All students are provided a FREE lunch daily. They have their choice of two entrees – one HOT and one COLD. We also have a Fruit and Veggie bar for the students to choose from.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability.