

# Rockdale September Breakfast Menu



<p>3 LABOR DAY  NO SCHOOL</p>	<p>4 <b>TEACHER INSTITUTE</b>  <b>NO SCHOOL</b></p>	<p>5 FUDGE POP TART W/ GRAHAM CRACKERS CEREAL YOGURT Fresh Banana 100% Juice box Choice of milk</p>	<p>6 BLUEBERRY MUFFIN GRAHAM CRACKERS CEREAL YOGURT Whole Apple 100% Juice box Choice of milk</p>	<p>8 MINI CHOCOLATE DONUTS CEREAL YOGURT Banana 100% Juice box Choice of milk</p>
<p>11 CINNAMON TOAST CRISP W/ GRAHAM GRIPZ YOGURT CEREAL String Cheese Cranberries Assorted Juice Choice of Milk</p>	<p>12 STRAWBERRY OATMEAL BAR CEREAL YOGURT String Cheese Whole Apple Assorted Juice Choice of milk</p>	<p>13 STRAWBERRY POP TART W/ GRAHAM CRACKERS CEREAL YOGURT Fresh Banana 100% Juice box Choice of milk</p>	<p>14 CHOCOLATE MUFFIN GRAHAM CRACKERS CEREAL YOGURT Whole Apple 100% Juice box Choice of milk</p>	<p>15 POWDERED DONUTS CEREAL YOGURT Banana Assorted Juice Choice of milk</p>
<p>18 BLUEBERRY MUFFIN CEREAL YOGURT STRING CHEESE Cranberries 100% Juice box Choice of milk</p>	<p>19 CHOCOLATE CHIP OATMEAL BARW/ GRAHAM CRACKERS YOGURT CEREAL GRIPZ Whole Apple 100% Juice box Choice of milk</p>	<p>20 CINNAMON POP TART W/ GRAHAM CRACKERS CEREAL YOGURT Fresh Banana 100% Juice box Choice of milk</p>	<p>21 BLUEBERRY MUFFIN GRAHAM CRACKERS CEREAL YOGURT Whole Apple 100% Juice box Choice of milk</p>	<p>22 MINI CHOCOLATE DONUTS CEREAL YOGURT Banana 100% Juice box Choice of milk</p>
<p>25 TRIX CEREAL YOGURT CEREAL String Cheese Cranberries Assorted Juice Choice of Milk</p>	<p>26 APPLE CINNAMON CEREAL BAR YOGURT CEREAL GRIPZ Whole Apple 100% Juice box Choice of milk</p>	<p>27 FUDGE POP TART W/ GRAHAM CRACKERS CEREAL YOGURT Fresh Banana 100% Juice box Choice of milk</p>	<p>28' CHOCOLATE MUFFIN GRIPZ CEREAL YOGURT Whole Apple 100% Juice box Choice of milk</p>	<p>29 POWDERED DONUTS CEREAL YOGURT Banana Assorted Juice Choice of milk</p>

**ALL STUDENTS ARE PROVIDED WITH A FREE BREAKFAST DAILY.**

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